

13-15 DECEMBER 2024

# 10 YEARS

WORLD  
KING  
OF  
TAE KWON  
DO

YMCA STADIUM THESSALONIKI (ΧΑΝΘ)



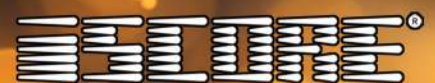
ΠΕΡΙΦΕΡΕΙΑ ΚΕΝΤΡΙΚΗΣ ΜΑΚΕΔΟΝΙΑΣ  
ΜΗΤΡΟΠΟΛΙΤΙΚΗ ΕΝΟΤΗΤΑ ΘΕΣΣΑΛΟΝΙΚΗΣ



ΔΗΜΟΣ ΘΕΣΣΑΛΟΝΙΚΗΣ



ΔΗΜΟΣ ΣΥΚΕΩΝ







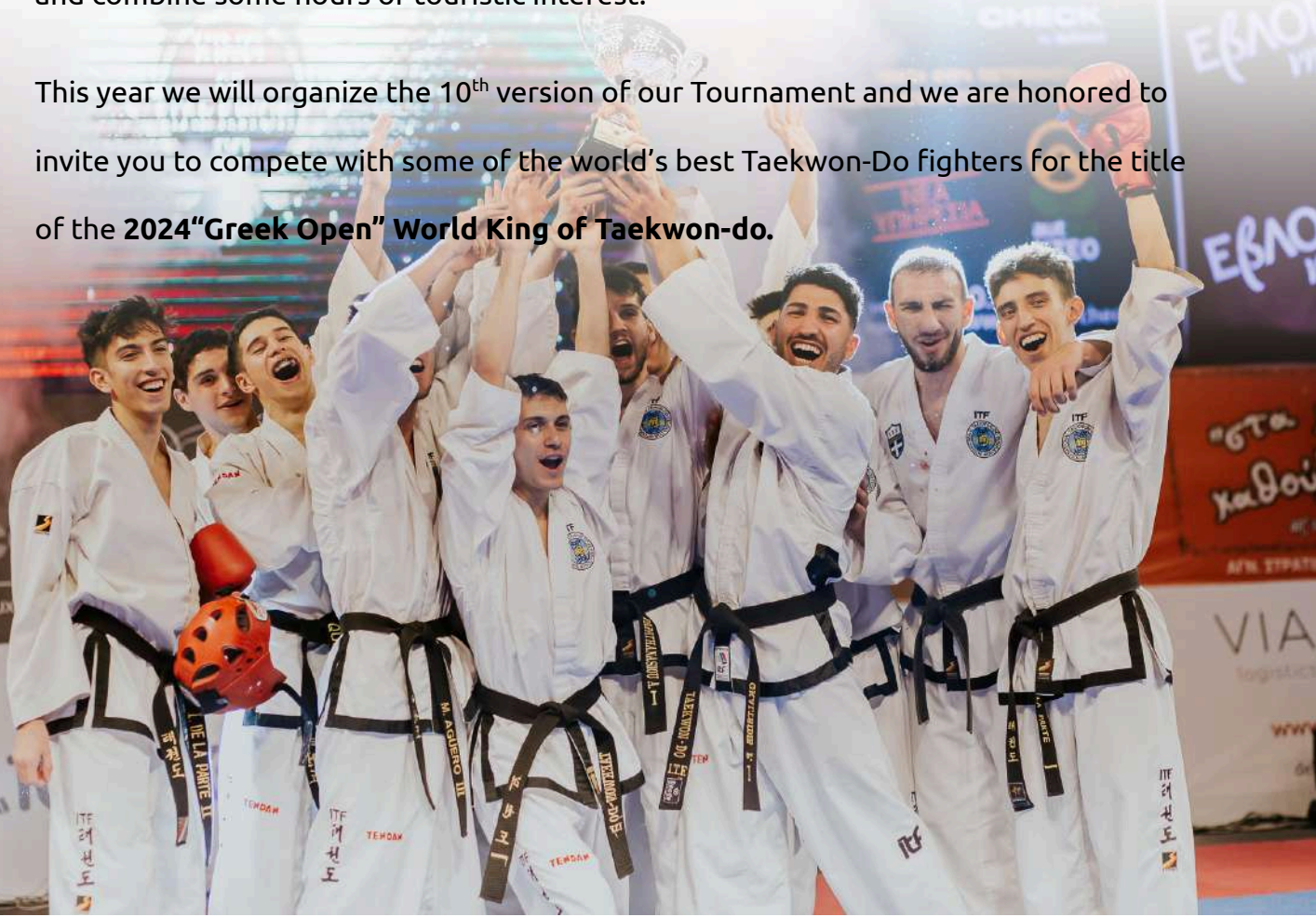
# WELCOME

As World Champion and in present Coach of Greek National Team and head coach of the Athletic Clubs **"A.C. Neapolis Makedoniki Dynami"** and **"A.P.C. Thermis Makedoniki Dynami"**, I had a vision to create an elegant and fancy Taekwon-Do ITF tournament, Open to all athletes, organized with very high level standards and strong competition, including in program some elements of sports entertainment, in my home town Thessaloniki

The World King of Taekwon-Do was organized for the first time in 2013 with the participation of 400 Greek athletes and every year the tournament got bigger in numbers of athletes, countries and visitors, up to the present day, the event sees participation from over than 1400 athletes around the world!

Every year, all our efforts are focused on preparations so that the athletes from all over the world can experience a high class fighting tournament as part of their preparation for the World and European Championships, while they enjoy a pleasant stay in our city and combine some hours of touristic interest.

This year we will organize the 10<sup>th</sup> version of our Tournament and we are honored to invite you to compete with some of the world's best Taekwon-Do fighters for the title of the **2024 "Greek Open" World King of Taekwon-do.**





# THESSALONIKI

In this section you can read all about your accommodation, transportation and general information about the historical city of Thessaloniki

## ABOUT the city of THESSALONIKI

Thessaloniki, also known as Thessalonica or Salonica, is the second-largest city in Greece and administrative region of Central Macedonia. The city was founded around 315 BC by the King Cassandros of Macedon and he named it after his wife Thessaloniki, a half-sister of Alexander the Great.

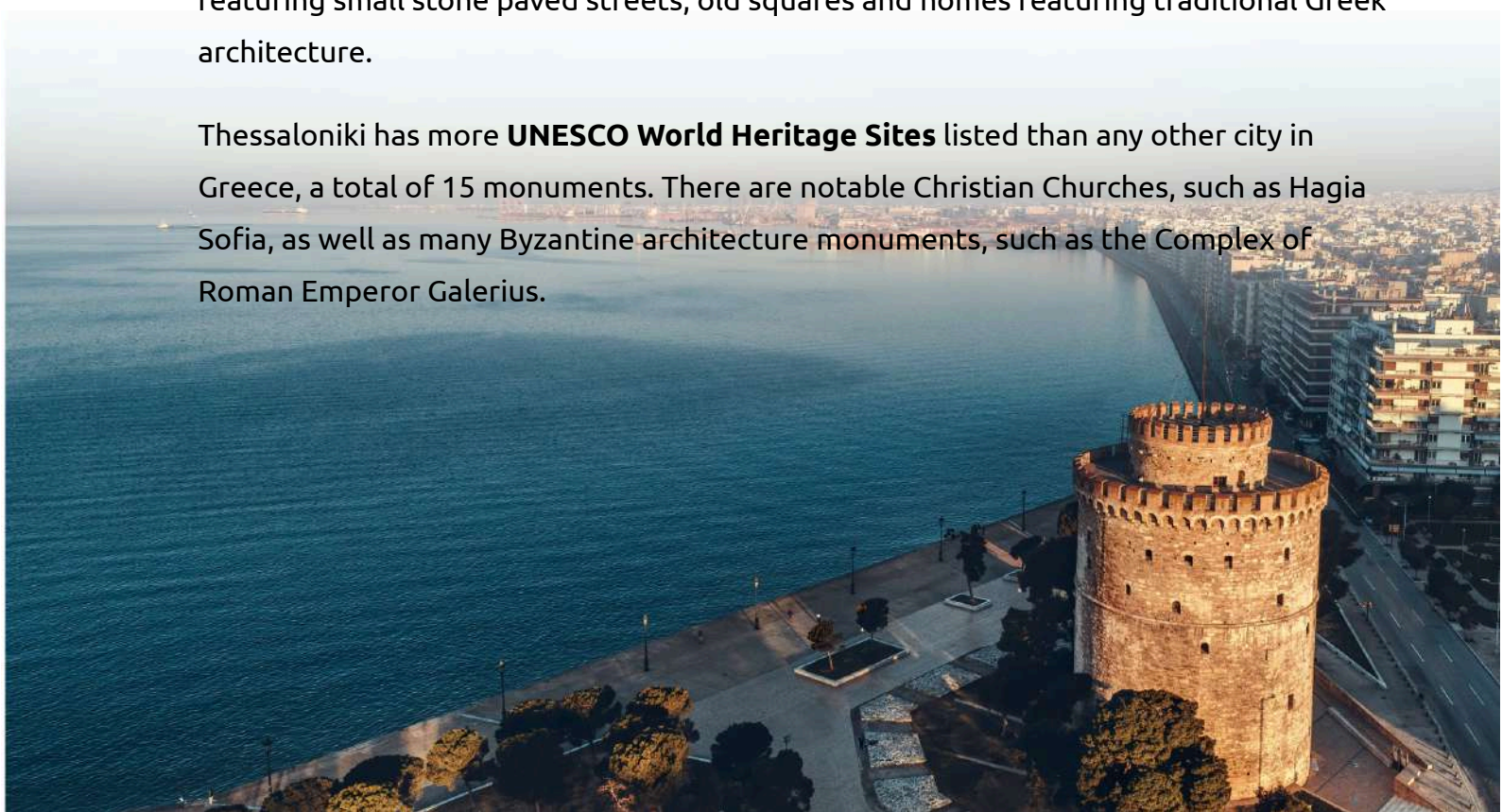
Thessaloniki is a popular tourist destination. In 2010 was ranked by Lonely Planet as the world's fifth-best party city worldwide, comparable to other cities such as Dubai and Montreal.

## CITY SITES

The historical center of the city is characterized by its many historical buildings, arcades, laneways and distinct architectural styles. It is divided into several districts, of which include Ladadika (where many entertainment venues and taverns are located), Navarino, Rotonda, Hippodrome and the White Tower (the symbol of the city). All these are located around Thessaloniki's most central point, Aristotelous Square.

Ano Poli is the highest point in Thessaloniki, from where you can have an outstanding view of the city. It consists of Thessaloniki's most traditional part of the city, still featuring small stone paved streets, old squares and homes featuring traditional Greek architecture.

Thessaloniki has more **UNESCO World Heritage Sites** listed than any other city in Greece, a total of 15 monuments. There are notable Christian Churches, such as Hagia Sofia, as well as many Byzantine architecture monuments, such as the Complex of Roman Emperor Galerius.







# VENUE

## YMCA Sports Hall “Mimis Tsikinas”

Address: 1<sup>st</sup> N.Germanou str., P.O. 546 21, Thessaloniki

Google maps link: <https://goo.gl/maps/2sJkrfmZCugU4TkU7>

## ABOUT VENUE

The Sports Hall that will host the **10th World King of Taekwon-Do**, is the new Y.M.C.A. athletic center, part of the historic Y.M.C.A. (Young Men’s Christian Association of Thessaloniki) complex of buildings and courts in the center of town.

On December 7, 2013 Y.M.C.A. implemented the decision of its Board of Directors and named the new Y.M.C.A. Thessaloniki Sports Center “Mimis Tsikinas” after Dimitrios Tsikinas or Mimis Tsikinas (Thessaloniki, November 24, 1917 - July 26, 1992) who was a player, coach of basketball and one of the first Greek international basketball referees (FIBA). He was also director of YMCA Thessaloniki, a member of SEGAS (Hellenic Athletics Federation) and a sports player in Thessaloniki.

**Note:** spend some of your free time to visit the Y.M.C.A. **Basketball Museum** that was inaugurated in 2013 so as for the visitors to get acquainted with the history and the most important achievements of basketball in Greece. Some of the exhibits constantly updated are the historic teams of Thessaloniki, important Greek basketball players, interactive tours, rare exhibits, athlete’s life size effigies, electronic platforms and interactive games.



## SCHEDULE



# SCHEDULE

**Monday 09 Dec. 2024** - Deadline for online Registration

**Wednesday 11 Nov. 2024** - Final Competition Schedule and Draws

**\* The final draws may differ, subject to the weigh-in and the competitors check**

## Preliminary Competition Schedule

The Organizing Committee **may have to change the following scheduled program** depending on the registrations.

### Friday 13 Dec. 2024

09:00 - 20:00	Registration & Weight In check
16:00 - 20:00	Tul <b>ALL</b> age categories

### Saturday 14 Dec. 2024

07:45 - 08:30	Weight In check
08:00 - 08:30	Umpire Meeting
08:30 - 09:00	Coach Meeting
09:00 - 18:30	Sparring Adult, Veteran, Youth, Junior
13:00	Team Sparring Adult male & Adult Female
17:00	Opening Ceremony
	Finals Team Sparring Adult male & Adult Female

### Sunday 15 Dec. 2024

07:45 - 08:30	Weight In check
08:00 - 08:30	Umpire Meeting
08:30 - 09:00	Coach Meeting
09:00 - 14:00	Sparring Kids
14:00 - 21:00	Sparring Children
13:00	Team Sparring Youth, Junior







# ACCOMMODATION

For booking you have to fill in the **Application form** attached to this file in the final page for all team members and send it to email address: **nickleou@hotmail.com** until **Friday 6 Dec. 2024**

## Hotel Capsis \*\*\*\* (4 stars)

<https://capsishotels.gr/thessaloniki/>

### Facilities

Accommodation according to the selected room type in rooms modernly decorated that feature

- Breakfast and dinner buffets (according to the package)
- Comfortable beds with anatomic mattresses
- Daily maid service
- Refrigerator
- High-speed Wi-Fi internet access
- Individually controlled air-conditioning, 32'' flat screen HD TV with free satellite channels, direct dial telephone
- Safe deposit box and kettle
- Bathroom that includes bathtub or shower and personal care products, slippers and hairdryer
- Wake-up Call upon request

### Transportation

- from airport to hotel
- from hotel to Sports Hall and back, for the teams that arrived at Thessaloniki by plane.
- from hotel to airport
- **NOTE: In case that a team book accommodation separately in another Hotel, the Organize Committee cannot offer transportation services.**

### Tournament Benefits

- Net price of participation fee **(no penalty)**
- ID for **Free Entrance** on the sports hall (supporters included)





## PRICE

Room Type	Breakfast	Half Board
person in Single room	75€	85€
person in Double room	45€	55€
person in Triple room	40€	50€

The prices on the above table **don't** include the "stay over tax (3€ per room per day)" that will be calculated based on the number of overnight stays and paid directly to the reception of the hotel.

**Note I:** Please mention in the Application Form the Team Leader and the Head Coach (and Umpires if they travel with you).

## REGISTRATION

Athletic clubs and individual athletes will register their applications [online](https://kingoftkd.gr/registration) from **Monday 30th of September 2024 until Monday 9th of December 2024.**

For your registration details visit:

<https://kingoftkd.gr/registration>

**Note:** After the deadline you may contact the organization committee via e-mail using the address: **nickleou@hotmail.com**. Changes after the deadline will be accepted with the penalty of 20€ per athlete.







# ENTRY FEES

The fee for teams and individuals selecting the **World King of Taekwondo services package** are the above.

<b>Kids</b>	<b>35€</b>
<b>Children</b>	<b>40€</b> for one discipline extra <b>10€</b> for extra discipline
<b>Junior</b>	<b>40€</b> for one discipline extra <b>10€</b> for extra discipline
<b>Youth</b>	<b>40€</b> for one discipline extra <b>10€</b> for extra discipline
<b>Adult</b>	<b>40€</b> for one discipline extra <b>10€</b> for extra discipline
<b>Veteran</b>	<b>40€</b> for one discipline extra <b>10€</b> for extra discipline
<b>Team</b>	<b>50€</b> per team

The fee for teams and individuals with independent hotel booking and transportation is **30€ more** per person and team.

# AGE CATEGORIES

	Age	Rank		
<b>Veteran</b>	<b>35 + years old</b>	4 Gup	to	VI Dan
<b>Adult</b>	<b>18 - 34 years old</b>	4 Gup	to	IV Dan
<b>Youth</b>	<b>16 - 17 years old</b>	4 Gup	to	III Dan
<b>Junior</b>	<b>14 - 15 years old</b>	4 Gup	to	II Dan
<b>Child 12-13</b>	<b>12 - 13 years old</b>	6 Gup	to	I Dan
<b>Child 10-11</b>	<b>10 - 11 years old</b>	6 Gup	to	I Dan
<b>Kids 8-9</b>	<b>8 - 9 years old</b>	8 Gup	to	1 Gup
<b>Kids 6-7</b>	<b>6-7 years old</b>	8 Gup	to	1 Gup







# SPARRING

## Kids 6-7 years old

Male	-20kg	-24kg	-28kg	-32kg	-36kg	-40kg	-44kg	+44kg
Female	-18kg	-22kg	-26kg	-30kg	-34kg	-38kg	-42kg	+42kg

## Kids 8-9 years old

Male	-24kg	-28kg	-32kg	-36kg	-40kg	-44kg	-48kg	+48kg
Female	-22kg	-26kg	-30kg	-34kg	-38kg	-42kg	-46kg	+46kg

## Children (10-11 years old)

Male	-30kg	-35kg	-40kg	-45kg	-50kg	-55kg	-60kg	+60kg
Female	-25kg	-30kg	-35kg	-40kg	-45kg	-50kg	-55kg	+55kg

## Children (12-13 years old) / 6gup - 3gup & 2gup - 1dan:

Male	-30kg	-35kg	-40kg	-45kg	-50kg	-55kg	-60kg	+60kg
Female	-25kg	-30kg	-35kg	-40kg	-45kg	-50kg	-55kg	+55kg

## Junior (14-15 years old):

Male	-45kg	-50kg	-55kg	-60kg	-65kg	-70kg	+70kg
Female	-40kg	-45kg	-50kg	-55kg	-60kg	-65kg	+65kg

## Youth (16-17 years old):

Male	-45kg	-51kg	-57kg	-63kg	-69kg	-75kg	+75kg
Female	-40kg	-46kg	-52kg	-58kg	-64kg	-70kg	+70kg

## Adult (18-34 years old):

Male	-52kg	-58kg	-64kg	-71kg	-78kg	-85kg	-92kg	+92kg
Female	-47kg	-52kg	-57kg	-62kg	-67kg	-72kg	-77kg	+77kg

## Veteran (35+ years old):

Male	-64kg	-73kg	-80kg	-90kg	+90kg
Female	-54kg	-61kg	-68kg	-75kg	+75kg





**Note 1:** In case there are less than four (4) competitors in one category (of Children, Junior, Youth, Adult and Veterans), then those competitors will be transferred to another weight category and the competitors will be notified.

**Note 2:** Competitors in the categories of Kids will compete in pulls consisting of four athletes (two fights per athlete).

## DURATION

<b>Kids</b>	2 Rounds * 1:00	Break 0:20
<b>Children</b>	2 Rounds * 1:30	Break 0:30
<b>Junior</b>	2 Rounds * 2:00	Break 0:30
<b>Youth</b>	2 Rounds * 2:00	Break 0:30
<b>Adult</b>	2 Rounds * 2:00	Break 0:30
<b>Veteran</b>	2 Rounds * 1:30	Break 0:30

## TEAM SPARRING

Every country can participate in Adult male, Adult female, Youth Male, Youth Female, Junior Male, Junior Female category.

## PATTERN

### CATEGORIES

<b>Kids</b>	No Patterns						
<b>Children (10-11 years old):</b>	6-4 Gup	3-1 Gup	I Dan				
<b>Children (12-13 years old):</b>	6-4 Gup	3-1 Gup	I Dan				
<b>Junior (14-15 years old):</b>	4-1 Gup	I Dan	II Dan				
<b>Youth (16-17 years old):</b>	4-1 Gup	I Dan	II Dan	III Dan			
<b>Adult (18-34 years old):</b>	4-1 Gup	I Dan	II Dan	III Dan	IV Dan		
<b>Veteran (35+ years old):</b>	4-1 Gup	I Dan	II Dan	III Dan	IV Dan	V Dan	VI Dan







**Note 1:** All categories will compete in 2 patterns (both will be selected by the jury) in the qualification games and the final games.

**Note 2:** In case of schedule difficulties, qualifying games will be 1 TUL & finals 2 TUL.

**Note 3:** Team Tul will be divided into two age categories with the right to create a team consisting of boys and girls together.

- Adults Male & Female
- Youth with Juniors ( Male & Female)

## Optional & Designated

	1st Pattern		2nd Pattern	
<b>6 Gup</b>	Do San	Won Hyo	Chon Ji	Do San
<b>5 Gup</b>	Won Hyo	Yul Gok	Chon Ji	Won Hyo
<b>4 Gup</b>	Yul Gok	Joong Gun	Chon Ji	Yul Gok
<b>3 Gup</b>	Joong Gun	Toi Gye	Chon Ji	Joong Gun
<b>2 Gup</b>	Toi Gye	Hwa Rang	Chon Ji	Toi Gye
<b>1 Gup</b>	Hwa Rang	Choong Moo	Chon Ji	Hwa Rang
<b>I Dan</b>	Kwang Gae	Ge Baek	Won Hyo	Ge Baek
<b>II Dan</b>	Eui Am	Juche	Yul Gok	Juche
<b>III Dan</b>	Sam Il	Choi Yong	Toi Gye	Choi Yong
<b>IV Dan</b>	Yon Gae	Moon Moo	Hwa Rang	Moon Moo
<b>V Dan</b>	So San	Se Jong	Choong Moo	Se Jong
<b>VI Dan</b>	Bus Services	Tong Il	Choong Moo	Se Jong





# DRAW

The draw will be released on **Wednesday, Dec. 11<sup>th</sup>, 2024**. The athletic clubs and individual athletes will be notified via email on their account and the link to draws will be published online at **[nickleou@hotmail.com](mailto:nickleou@hotmail.com)**

\* If after weight control is finished there are changes that affect a significant category, there will be additional drawing and the participants will be notified.

# PAYMENT

Registrations and payments will be made at the stadium on the scheduled days and times of the weigh-in with cash money (€) or electronically via POS.

# WEIGHT CONTROL

Weight control will take place at **Venue YMCA Sports Hall "Mimis Tsikinas"** on

<b>Friday</b>	<b>13th of December</b> from <b>09:00</b> until <b>20:00</b>
<b>Saturday</b>	<b>14th of December</b> from <b>07:30</b> until <b>08:45</b>
<b>Sunday</b>	<b>15th of December</b> from <b>07:30</b> until <b>08:45</b>







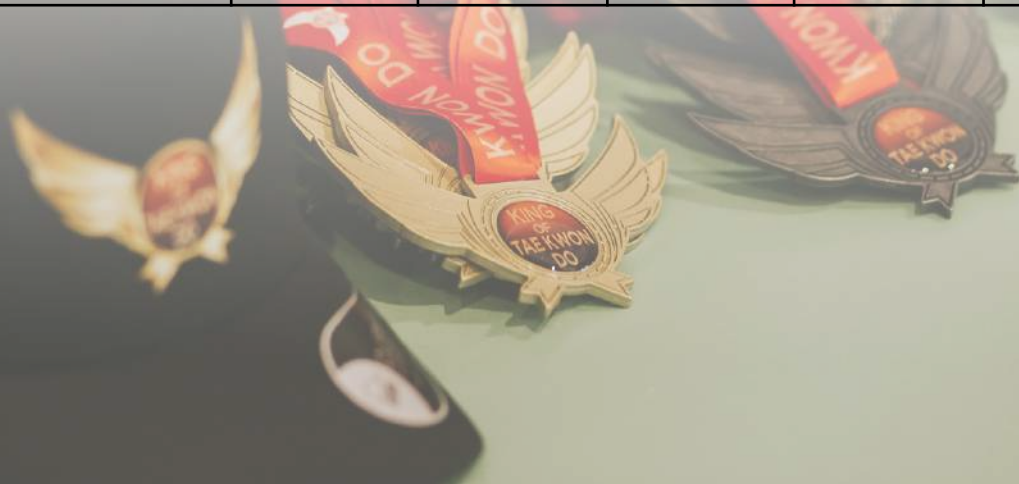
**World King of Taekwon-Do** title winners and podium winners will be awarded with medals, trophies and gifts. The organize committee decided for **2024** the awards as follows:

## Sparring Awards

	"KING" Anthrax T-Shirt	"KING" Anthrax Hat	Trophy	Medal	Participation Diploma
Adult	✓		✓	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	✓
Youth		✓	✓	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	✓
Junior		✓	✓	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	✓
Children 12-13			✓	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	✓
Children 10-11			✓	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	✓
Kids 6-9				Participation	✓
Veterans				1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	✓

## Pattern Awards

	"KING" Anthrax T-Shirt	"KING" Anthrax Hat	Trophy	Medal	Participation Diploma
Adult	✓		✓	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	✓
Youth		✓	✓	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	✓
Junior		✓	✓	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	✓
Children 12-13			✓	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	✓
Children 10-11			✓	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	✓
Veterans				1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup>	✓





# COMPETITION RULES

- This Tournament is held in accordance with the **ITF rules, ver. 2023**
- **Tournament Observer:** Mr. Dimitrios Kelesidis.
- **Protest Jury:** (it will be designated by the Umpire Committee)
- The participating clubs should take care of the ratio of five athletes - one coach (5:1) to strictly adhere to the timetable of the draw
- Competitors of the categories Adult Male/Female, Junior Male/Female and Veterans must wear **an ITF Dobok** (not limited to any manufacturer, any official brand is allowed).
- All competitors must be in possession of a **blue and red set of approved type of safety equipment for sparring** (not limited to any manufacturer, any official brand is allowed). Other colors will not be allowed.
- All athletes will participate at their club's responsibility.
- Only official coaches have the right to enter the ring.
- The organization committee has no responsibility for any equipment loss or injuries before, during and after the tournament. The clubs and the athletes should care about their complete insurance.

**Official protest must be filed within 5 minutes after sparring or pattern and submitted to the Jury President after paying the amount of 50€ to the organizer.**

## UMPIRES

The Organizing Committee will cover 2 nights (3 days) accommodation and provide lunch at the venue for all international umpires so **only if they are registered as umpires in the Accommodation Application Form!**







# CONTACT INFORMATION

Leousis Nikos	nickleou@hotmail.com	+30 6944 737 406
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# SOCIAL MEDIA

Follow the World King of Taekwon-Do Tournament on Social Media to be updated!



<https://kingoftkd.com>  
<https://kingoftkd.gr>



[www.youtube.com/europeankingoftkd](http://www.youtube.com/europeankingoftkd)



[www.facebook.com/kingoftkd](http://www.facebook.com/kingoftkd)



[www.instagram.com/kingoftaekwondo](http://www.instagram.com/kingoftaekwondo)



<https://chat.whatsapp.com/E5HDeFrqyei8zlOF7Wk03U>





Send the following Consent Form signed with the ACCOMMODATION FORM via email:  
[info@kingoftkd.gr](mailto:info@kingoftkd.gr)

# CONSENT FORM

By submitting this Consent Form, I hereby consent to the videotaping/photographing/audio recording of myself and athletes of the club whom I legally represent as the official/head Coach or Team Leader for the 10<sup>th</sup> Greek Open 2024 'World King of Taekwondo. I understand that all material obtained will be used by the organizers of the 10<sup>th</sup> Greek Open– "World King of Taekwondo" for promotional, commercial, educational and related purposes, including external distribution via satellite broadcast, cable TV, radio broadcast, webcast or on-demand streaming in digital format on the Internet. The organizers of the 10<sup>th</sup> "World King of Taekwondo" may also share this material with others, as appropriate at their discretion. We understand that we will receive no compensation for any use of materials associated with this consent.

I understand that videotaping/photographing/audio recordings will become the property of the organizers of the 10<sup>th</sup> World King of Taekwondo 2024 and I understand that use of the Recordings may include, but not necessarily be limited to, the following:

- Internal use by the 10<sup>th</sup> World King of Taekwondo and other authorized third parties in streaming digital format (live or on demand) on the Internet or other digital media.
- Distribution (may include videotape reproduction, satellite broadcast, cable TV, webcast, on-demand).

I have read this form and I agree to be bound by this consent form.

Signature \_\_\_\_\_

Date \_\_\_\_\_





# 10<sup>th</sup> World King of Taekwon-Do

13 - 15 December 2024 || Thessaloniki Greece

## Accommodation Form

Club	
Country	
Coach Name	
Telephone	
email	

Arrival	Date time		Place	
Departure	Date time		Place	

			Full Name		
a/a	Room Size	Meals	1st Person	2nd Person	3rd Person
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					