



Jesolo Open 2025

Promoted by: Fitsport Italia

Organized by: SSD Federico II di Svevia

In collaboration with Opes Italia – Taekwon-Do Sector

Italian Open Taekwondo Champion ITF Jesolo 2025

Grand Masters, Masters, and Instructors,

It is with great pleasure that, on behalf of the Organizing Committee, I extend a warm invitation to you to participate in the prestigious ITF Taekwon-Do Championship, which will take place in Jesolo on 5th October, 2025.

This significant event, fully supported by the Jesolo municipal administration, promises to be an unmissable opportunity for the exchange of experiences and the sharing of new ideas in the world of Taekwon-Do. As in previous editions, our commitment will be total to ensure the highest quality and success of this important event. Your participation will contribute significantly to the excellence of the event.

Looking forward to welcoming you to Jesolo, I extend my warmest regards.

Dr. Ruggiero Lanotte

National Director of OPES (sports promotion body of CONI)
President of ITF Taekwon-Do Italy – Fitsport
European Vice President of EITF
Regional Councilor of Puglia OPES Italy
VIII Dan Master of ITF Taekwon-Do.



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#ITF TAEKWON-DO CHAMPIONSHIP 2025

DATE AND VENUE

Date: 5th October, 2025

Venue: Palazzo del Turismo - Jesolo

REGISTRATION DEADLINE

5th September, 2025 (11:59 PM)

Registration link:

REGISTRATION FEES

1. Competitors: €40.00 per participant
Includes:
 - ID card
 - Ticket for the stadium and opening ceremony
 - Medical assistance for athletes
2. Additional category: €10.00
3. Penalty for club without a referee: €75.00

REFEREES

- Head Referee: Master Ruggiero Lanotte (EITF Italy Vice President)
- Requirements:
 - Each club must provide at least one (1) qualified ITF referee
 - Referees must perform their duties as expected
 - Mandatory attendance at all referee meetings during the event

Dress code:

- Navy blue blazer
- White long-sleeved shirt
- Navy blue trousers
- Navy blue tie
- White short socks
- White sports shoes



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#COMPETITORS

DRESS CODE

- Mandatory: Official ITF Dobok

CLUB/TEAM REQUIREMENTS

Number of referees to be provided:

- 1-10 competitors: 1 referee
- 11-20 competitors: 2 referees
- 21+ competitors: 3 referees

NUMBER OF COMPETITORS

- Unlimited for patterns and sparring categories
- Categories with only one competitor: move to the next category

ELIMINATION SYSTEM

- Pyramid system for all divisions

#COMPETITION CATEGORIES

INDIVIDUAL PATTERNS (TUL)

Age and grade divisions:

Children (5-10 years as of 5th October, 2025):

- 5-6 years
- 7-8 years
- 9-10 years

Grades: Gup 10-9, 8-7, 6-5, 4-3, 2-1, I Dan

Children (11-13 years as of 5th October, 2025):

Grades: Gup 10-9, 8-7, 6-5, 4-3, 2-1, I Dan

Juniors (14-17 years as of 5th October, 2025):

Grades: Gup 10-9, 8-7, 6-5, 4-3, 2-1, I Dan, II Dan

Seniors (18-39 years as of 5th October, 2025):

Grades: Gup 10-9, 8-7, 6-5, 4-3, 2-1, I Dan, II Dan, III Dan, IV Dan



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Veterans (40+ years):

Grades: Gup 10-9, 8-7, 6-5, 4-3, 2-1, I Dan, II Dan, III Dan, IV Dan

INDIVIDUAL PATTERNS (TUL)

Grado	FORMA OPZIONALE		FORMA A SCETA	
9 Gup	Saju Jirugi/makgi	Chon Ji	Saju Jirugi/makgi	-
8 Gup	Chon Ji	Dan Gun	Chon Ji	-
7 Gup	Dan Gun	Do San	Chon Ji	Dan Gun
6 Gup	Do San	Won Hyo	Chon Ji	Do San
5 Gup	Won Hyo	Yul Gok	Chon Ji	Won Hyo
4 Gup	Yul Gok	Joong Gun	Chon Ji	Yul Gok
3 Gup	Joong Gun	Toi Gye	Chon Ji	Joong Gun
2 Gup	Toi Gye	Hwa Rang	Chon Ji	Toi Gye
1 Gup	Hwa Rang	Choong Moo	Chon Ji	Hwa Rang
I Dan	Kwang Gae	Ge Baek	Won Hyo	Ge Baek
II Dan	Eui Am	Juche	Yul Gok	Juche
III Dan	Sam Il	Choi Yong	Toi Gye	Choi Yong
IV Dan	Yon Gae	Moon Moo	Hwa Rang	Moon Moo

N.B. For all other categories and eliminations, only one form will be performed at the jury's discretion.

Only for the finals for Cat. 2-1 Gup and for Dan, competitors will execute the optional pattern (one by one) in succession, followed by the designated pattern together.



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INDIVIDUAL SPARRING (MATSOKI)

CATEGORIES

- Children
- Juniors
- Seniors
- Male/Female

Regulations: In accordance with ITF & EITF tournament rules

WEIGHT CONTROL

Attention:

- Random measurement of height and/or weight near the competition area
- No entry weight check for all participants at the same time
- Penalty of €25.00 for athletes out of category/division who request a move

Responsibility:

Each club manager is responsible for:

- Correct registration of athletes in the appropriate categories on I-Score
- Payment of the total fees for their athletes

COMPETITION EQUIPMENT FOR SPARRING

Mandatory:

- Hand and foot protectors (BLUE/RED)
- Red and Blue headgear (depending on the draw)
- Clear mouthguard
- Groin protector (worn inside the dobok pants)

DIVISIONS AND RULES

- Children (5-10 years)
 - Age: 5-6 years / 7-8 years / 9-10 years
 - Grades: Gup 10-9, 8-7, 6-5, 4-3, 2-1, 1 DAN
 - Duration: 1 round of 1 minute and 30 seconds (FINALS: 2 rounds)
- WHITE - GREEN
 - a) Children (11-13 years)
 - Grades: Gup 10-5
 - b) Juniors (14-17 years)
 - Grades: Gup 10-5
 - c) Seniors (18-34 years)
 - Grades: Gup 10-5



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d) Veterans (35+ years)

- Grades: Gup 10-5
- Duration: 1 round of 1 minute and 30 seconds (FINALS: 2 rounds)

- BLUE - BLACK

- o Children (11-13 years)

- Grades: Gup 4 - DAN
 - Duration: 1 round of 2 minutes, 1 minute break (FINALS: 2 rounds)

- o Juniors (14-17 years)

- Grades: Gup 4 - DAN
 - Duration: 2 rounds of 2 minutes, 1 minute break (FINALS: 2 rounds)

- o Seniors (18-34 years)

- Grades: Gup 4 - DAN
 - Duration: 2 rounds of 2 minutes, 1 minute break (FINALS: 2 rounds)

- o Veterans (35+ years)

- Grades: Gup 4 - DAN
 - Duration: 1 round of 1 minute and 30 seconds, 1 minute break (FINALS: 2 rounds)

Note: For all available categories, please consult the provided application link.



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#EXCLUSIVE NEWS: CASH PRIZES!

We are excited to announce an exciting new feature for our events: the introduction of cash prizes for high-level categories! In Italy, all competitions offer prizes, and black belt winners in the following categories will have the opportunity to earn not only glory and medals but also a cash prize:

PATTERNS FOR BLACK BELTS

1. Male (Junior and Senior) - Single category from 1st to 6th DAN
2. Female (Junior and Senior)

SPARRING

Male:

3. Junior/Senior -70 kg
4. Junior/Senior +70 kg

Female:

5. Junior/Senior -60 kg
6. Junior/Senior +60 kg

Prizes:

Each winner will receive a cash prize of €150, with a total prize pool of €900.

This new initiative has been introduced to:

- Reward excellence and dedication of high-level athletes
- Increase competitiveness and excitement of the event
- Provide an additional incentive for more experienced participants

Important Notes:

- In male patterns, the winners of each grade will compete in an exciting final to determine the absolute champion.
- Only the winners of the Blue and Black belt categories are eligible to participate in sparring.
- Cash prizes are in addition to traditional awards and medals.

Don't miss this unique opportunity to compete for prestige, honor, and now also for a cash prize!



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RULES AND REGULATIONS

- ITF Rules: www.itf-tkd.org

PROTESTS

- Time: within 3 minutes after sparring
- Submission: to the jury president
- Cost: €100 to be paid to the organizers
- Authorization: only the coach can submit an official protest (ITF regulations)

ATTENTION

The organizers decline any responsibility for:

- Damage to property or persons during the competition
- Failure to comply with mandatory medical checks

REQUIRED MEDICAL CERTIFICATIONS (FITSPORT REGULATIONS)

- Children: Medical certificate for non-competitive activities
- 10+ years: Medical certificate for competitive sports (valid)

AWARDS

- Medals: 1st, 2nd, and 2 x 3rd place



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#PRELIMINARY SCHEDULE

Saturday, 4th October 2025	
<i>Time</i>	<i>Activity</i>
09:00	Weigh-in and Registration
19:00	Final Registration Deadline

Sunday, 5th October 2025	
<i>Time</i>	<i>Activity</i>
09:00 - 10:00	Weigh-in
10:00	Opening Ceremony
10:15 - 20:00	Competition
Following	Awards Ceremony

#PROMOTERS

Fitsport