

12-14
DEC
2025

11TH KING OF TAEKWON-DO WORLD CUP



YMCA
STADIUM
THESSALONIKI

KING
OF
TAE KWON
DO


ΠΕΡΙΦΕΡΕΙΑ ΚΕΝΤΡΙΚΗΣ ΜΑΚΕΔΟΝΙΑΣ
ΜΗΤΡΟΠΟΛΙΤΙΚΗ ΕΝΟΤΗΤΑ ΘΕΣΣΑΛΟΝΙΚΗΣ


ΔΗΜΟΣ ΘΕΣΣΑΛΟΝΙΚΗΣ


ΔΗΜΟΣ ΣΥΚΕΩΝ


ΧΟΡΗΓΟΣ ΕΠΙΚΟΙΝΩΝΙΑΣ







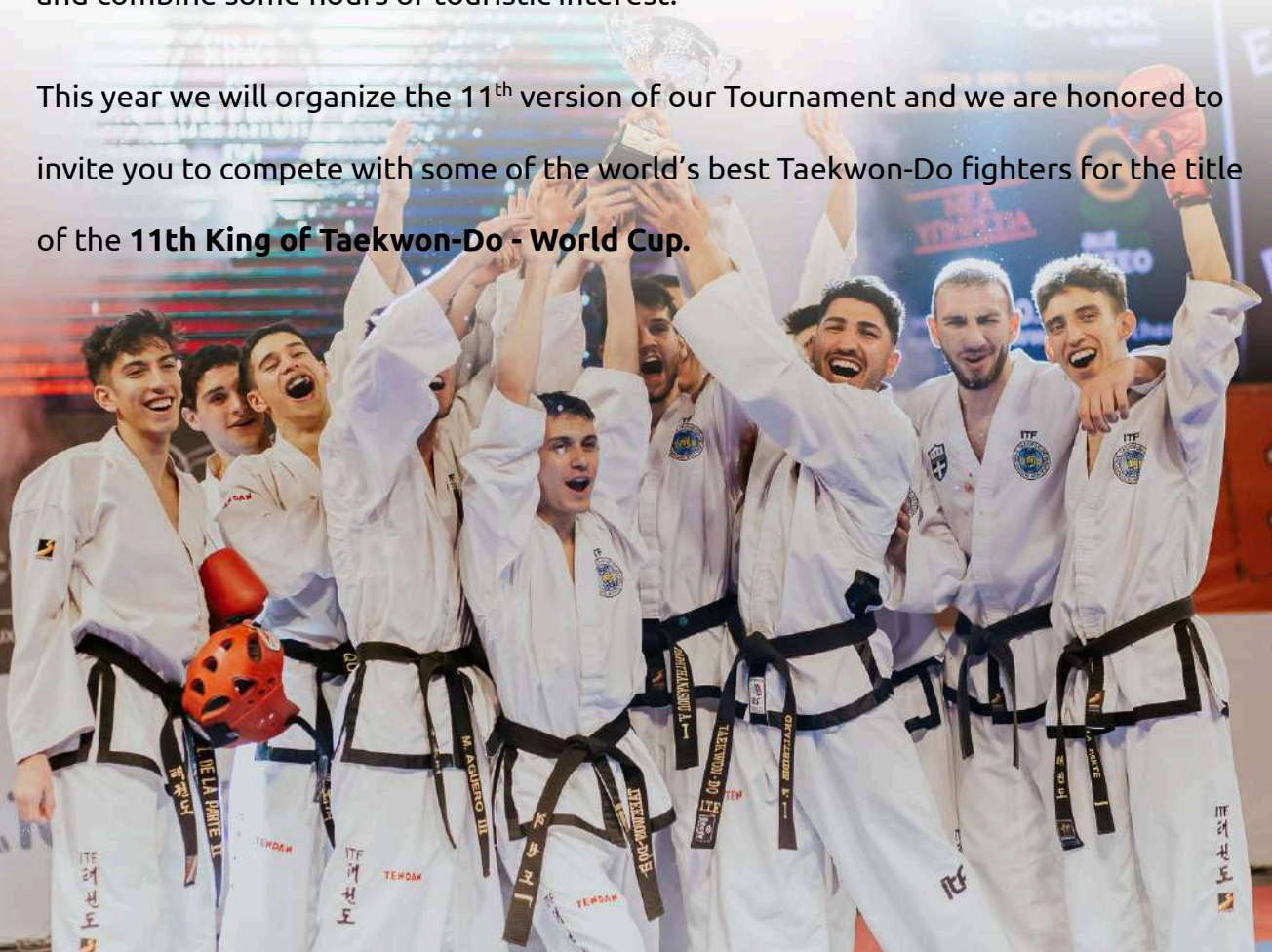
WELCOME

As World Champion and in present Coach of Greek National Team and head coach of the Athletic Clubs **“A.C. Neapolis Makedoniki Dynami”** and **“A.P.C. Thermis Makedoniki Dynami”**, I had a vision to create an elegant and fancy Taekwon-Do ITF tournament, Open to all athletes, organized with very high level standards and strong competition, including in program some elements of sports entertainment, in my home town Thessaloniki

The King of Taekwon-Do was organized for the first time in 2013 with the participation of 400 Greek athletes and every year the tournament got bigger in numbers of athletes, countries and visitors, up to the present day, the event sees participation from over than 1400 athletes around the world!

Every year, all our efforts are focused on preparations so that the athletes from all over the world can experience a high class fighting tournament as part of their preparation for the World and European Championships, while they enjoy a pleasant stay in our city and combine some hours of touristic interest.

This year we will organize the 11th version of our Tournament and we are honored to invite you to compete with some of the world’s best Taekwon-Do fighters for the title of the **11th King of Taekwon-Do - World Cup**.





THESSALONIKI

Thessaloniki, also known as Thessalonica or Salonica, is the second-largest city in Greece and administrative region of Central Macedonia. The city was founded around 315 BC by the King Cassandros of Macedon and he named it after his wife Thessaloniki, a half-sister of Alexander the Great.

Thessaloniki is a popular tourist destination. In 2010 was ranked by Lonely Planet as the world's fifth-best party city worldwide, comparable to other cities such as Dubai and Montreal.

CITY SITES

The historical center of the city is characterized by its many historical buildings, arcades, laneways and distinct architectural styles. It is divided into several districts, of which include Ladadika (where many entertainment venues and taverns are located), Navarino, Rotonda, Hippodrome and the White Tower (the symbol of the city). All these are located around Thessaloniki's most central point, Aristotelous Square.

Ano Poli is the highest point in Thessaloniki, from where you can have an outstanding view of the city. It consists of Thessaloniki's most traditional part of the city, still featuring small stone paved streets, old squares and homes featuring traditional Greek architecture.

VENUE

YMCA Sports Hall "Mimis Tsikinas"

Address: 1st N.Germanou str., P.O. 546 21, Thessaloniki

Google maps link: <https://goo.gl/maps/2sJkrfmZCugU4TkU7>





SCHEDULE

Monday 08 Dec. 2025 - Deadline for online Registration

Wednesday 10 Dec. 2025 - Final Competition Schedule and Draws

* The final draws may differ, subject to the weigh-in and the competitors check

Preliminary Competition Schedule

The Organizing Committee **may have to change the following scheduled program** depending on the registrations.

Thursday 11 Dec. 2025

17:00 - 20:00 Registration & Weight In check

Friday 12 Dec. 2025

09:00 - 20:00 Registration & Weight In check

13:00 - 18:00 Tul **ALL** age categories

18:00 - 20:00 Sparring Junior Female

Saturday 13 Dec. 2025

08:00 - 08:30 Umpire Meeting

08:30 - 09:00 Coach Meeting

09:00 - 18:30 Sparring Adult, Veteran, Youth, Junior Male, Children Female

13:00 Team Sparring Adult male & Adult Female

19:00 Opening Ceremony

Finals Team Sparring Adult male & Adult Female

Sunday 14 Dec. 2025

08:00 - 08:30 Umpire Meeting

08:30 - 09:00 Coach Meeting

09:00 - 13:00 Sparring Kids

13:00 - 14:00 Opening Ceremony

14:00 - 21:00 Sparring Children Male & Female

13:00 Team Sparring Youth, Junior





ACCOMMODATION

For booking you have to fill in the **Application form** attached to this file in the final page for all team members and send it to email address:

sports@greeceonthego.gr
frontdesk@greeceonthego.gr

until **Friday 5 Dec. 2025**

Transportation

- from airport to hotel
- from hotel to Sports Hall and back, for the teams that arrived at Thessaloniki by plane.
- from hotel to airport
- **NOTE: In case that a team book accommodation separately in another Hotel, the Organize Committee cannot offer transportation services.**

Tournament Benefits

- Net price of participation fee **(no penalty)**
- ID for **Free Entrance** on the sports hall (supporters included)

Accommodation Information

sports@greeceonthego.gr frontdesk@greeceonthego.gr	+30 2316071868 - 09:00-17:00 +30 6945498060
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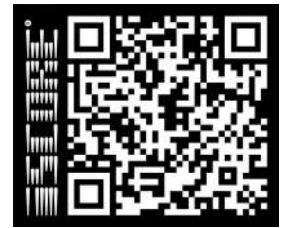


REGISTRATION

Athletic clubs and individual athletes will register their applications [online](#) until **Monday 8th of December 2025**.

For your registration details visit:

<https://data.taekwondo-itf.com/event/37410/9821>



Note: After the deadline you may contact the organization committee via e-mail using the address: nickleou@hotmail.com. Changes after the deadline will be accepted with the penalty of 20€ per athlete.

ENTRY FEES

The fee for teams and individuals selecting the **11th King of Taekwon-Do - World Cup services package** are the above.

Kids	40€
Children	45€ for one discipline extra 10€ for extra discipline
Junior	45€ for one discipline extra 10€ for extra discipline
Youth	45€ for one discipline extra 10€ for extra discipline
Adult	45€ for one discipline extra 10€ for extra discipline
Veteran	45€ for one discipline extra 10€ for extra discipline
Team (Sparring-Patters)	50€ per team

The fee for teams and individuals with independent hotel booking and transportation is **30€ more** per person and team.





AGE CATEGORIES

	Age	Rank		
Veteran	35 + years old	4 Gup	to	VI Dan
Adult	18 - 34 years old	4 Gup	to	IV Dan
Youth	16 - 17 years old	4 Gup	to	III Dan
Junior	14 - 15 years old	4 Gup	to	II Dan
Child 12-13	12 - 13 years old	6 Gup	to	I Dan
Child 10-11	10 - 11 years old	6 Gup	to	I Dan
Kids 8-9	8 -9 years old	8 Gup	to	1 Gup
Kids 6-7	6-7 years old	8 Gup	to	1 Gup





SPARRING

Kids 6-7 years old

Male	-20kg	-24kg	-28kg	-32kg	-36kg	-40kg	-44kg	+44kg
Female	-18kg	-22kg	-26kg	-30kg	-34kg	-38kg	-42kg	+42kg

Kids 8-9 years old

Male	-24kg	-28kg	-32kg	-36kg	-40kg	-44kg	-48kg	+48kg
Female	-22kg	-26kg	-30kg	-34kg	-38kg	-42kg	-46kg	+46kg

Children (10-11 years old) / 6gup - 3gup & 2gup - 1dan:

Male	-30kg	-35kg	-40kg	-45kg	-50kg	-55kg	-60kg	+60kg
Female	-25kg	-30kg	-35kg	-40kg	-45kg	-50kg	-55kg	+55kg

Children (12-13 years old)

Male	-30kg	-35kg	-40kg	-45kg	-50kg	-55kg	-60kg	+60kg
Female	-25kg	-30kg	-35kg	-40kg	-45kg	-50kg	-55kg	+55kg

Junior (14-15 years old):

Male	-45kg	-50kg	-55kg	-60kg	-65kg	-70kg	+70kg
Female	-40kg	-45kg	-50kg	-55kg	-60kg	-65kg	+65kg

Youth (16-17 years old):

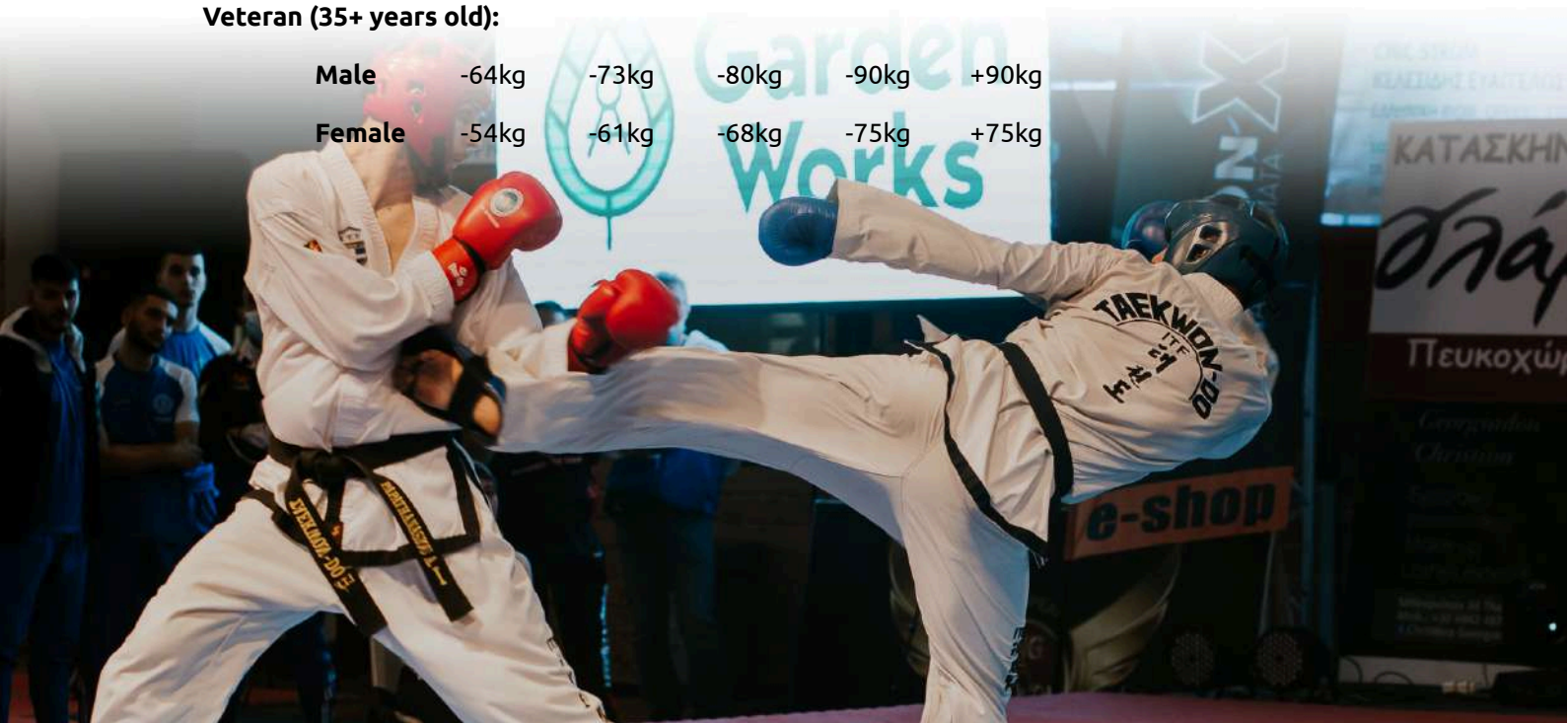
Male	-45kg	-51kg	-57kg	-63kg	-69kg	-75kg	+75kg
Female	-40kg	-46kg	-52kg	-58kg	-64kg	-70kg	+70kg

Adult (18-34 years old):

Male	-52kg	-58kg	-64kg	-71kg	-78kg	-85kg	-92kg	+92kg
Female	-47kg	-52kg	-57kg	-62kg	-67kg	-72kg	-77kg	+77kg

Veteran (35+ years old):

Male	-64kg	-73kg	-80kg	-90kg	+90kg
Female	-54kg	-61kg	-68kg	-75kg	+75kg





Note 1: In case there are less than four (4) competitors in one category (of Children, Junior, Youth, Adult and Veterans), then those competitors will be transferred to another weight category and the competitors will be notified.

Note 2: Competitors in the categories of Kids will compete in pulls consisting of four athletes (two fights per athlete).

DURATION

Kids	2 Rounds * 1:00	Break 0:20
Children	2 Rounds * 1:30	Break 0:30
Junior	2 Rounds * 2:00	Break 0:30
Youth	2 Rounds * 2:00	Break 0:30
Adult	2 Rounds * 2:00	Break 0:30
Veteran	2 Rounds * 1:30	Break 0:30

TEAM SPARRING

Every country can participate in Adult male, Adult female, Youth Male, Youth Female, Junior Male, Junior Female category.

PATTERN

CATEGORIES

Kids	No Patterns						
Children (10-11 years old):	6-4 Gup	3-1 Gup	I Dan				
Children (12-13 years old):	6-4 Gup	3-1 Gup	I Dan				
Junior (14-15 years old):	4-1 Gup	I Dan	II Dan				
Youth (16-17 years old):	4-1 Gup	I Dan	II Dan	III Dan			
Adult (18-34 years old):	4-1 Gup	I Dan	II Dan	III Dan	IV Dan		
Veteran (35+ years old):	4-1 Gup	I Dan	II Dan	III Dan	IV Dan	V Dan	VI Dan





Note 1: All categories will compete in 2 patterns (both will be selected by the jury) in the qualification games and the final games.

Note 2: Team Tul will be divided into two age categories with the right to create a team consisting of boys and girls together.

- Adults Male & Female
- Youth with Juniors (Male & Female)
- Children 10-13 (Male & Female)

Optional & Designated

	1st Pattern		2nd Pattern	
6 Gup	Do San	Won Hyo	Chon Ji	Do San
5 Gup	Won Hyo	Yul Gok	Chon Ji	Won Hyo
4 Gup	Yul Gok	Joong Gun	Chon Ji	Yul Gok
3 Gup	Joong Gun	Toi Gye	Chon Ji	Joong Gun
2 Gup	Toi Gye	Hwa Rang	Chon Ji	Toi Gye
1 Gup	Hwa Rang	Choong Moo	Chon Ji	Hwa Rang
I Dan	Kwang Gae	Ge Baek	Won Hyo	Ge Baek
II Dan	Eui Am	Juche	Yul Gok	Juche
III Dan	Sam Il	Choi Yong	Toi Gye	Choi Yong
IV Dan	Yon Gae	Moon Moo	Hwa Rang	Moon Moo
V Dan	So San	Se Jong	Choong Moo	Se Jong
VI Dan		Tong Il	Choong Moo	Se Jong





DRAW

The draw will be released on **Wednesday, Dec. 10th, 2025**. The athletic clubs and individual athletes will be notified via email on their account and the link to draws will be published online at **www.kingoftkd.gr**.

* If after weight control is finished there are changes that affect a significant category, there will be additional drawing and the participants will be notified.

PAYMENT

Registrations and payments will be made at the stadium on the scheduled days and times of the weigh-in with cash money (€) or electronically via POS.

WEIGHT CONTROL

Weight control will take place at **Venue YMCA Sports Hall "Mimis Tsikinas"** on

Thursday 11th of December from 17:00 until 20:00

Friday 12th of December from 09:00 until 20:00





AWARDS

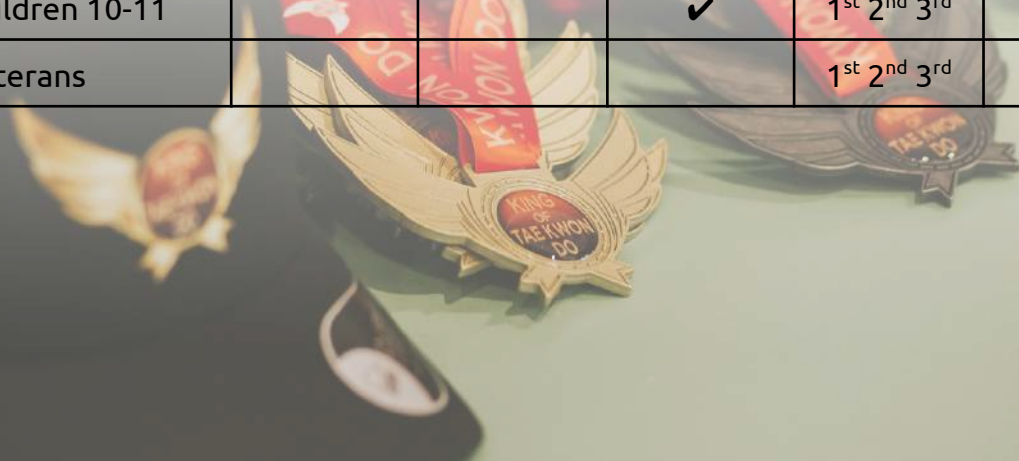
11th King of Taekwon-Do - World Cup title winners and podium winners will be awarded with medals, trophies and gifts. The organize committee decided for **2025** the awards as follows:

Sparring Awards

	"KING" Anthrax T-Shirt	"KING" Anthrax Hat	Trophy	Medal	Participation Diploma
Adult	✓		✓	1 st 2 nd 3 rd	✓
Youth		✓	✓	1 st 2 nd 3 rd	✓
Junior		✓	✓	1 st 2 nd 3 rd	✓
Children 12-13			✓	1 st 2 nd 3 rd	✓
Children 10-11			✓	1 st 2 nd 3 rd	✓
Kids 6-9				Participation	✓
Veterans				1 st 2 nd 3 rd	✓

Pattern Awards

	"KING" Anthrax T-Shirt	"KING" Anthrax Hat	Trophy	Medal	Participation Diploma
Adult	✓		✓	1 st 2 nd 3 rd	✓
Youth		✓	✓	1 st 2 nd 3 rd	✓
Junior		✓	✓	1 st 2 nd 3 rd	✓
Children 12-13			✓	1 st 2 nd 3 rd	✓
Children 10-11			✓	1 st 2 nd 3 rd	✓
Veterans				1 st 2 nd 3 rd	✓





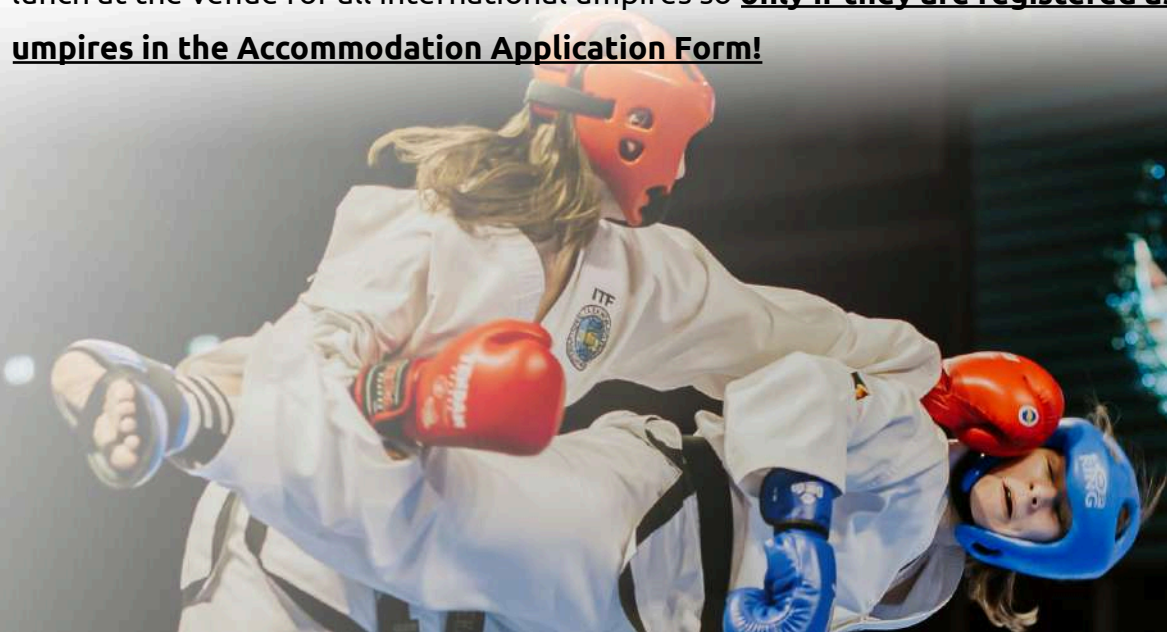
COMPETITION RULES

- This Tournament is held in accordance with the **ITF rules, ver. 2023**
- **Tournament Observer:** Mr. Dimitrios Kelesidis.
- **Protest Jury:** (it will be designated by the Umpire Committee)
- The participating clubs should take care of the ratio of five athletes - one coach (5:1) to strictly adhere to the timetable of the draw
- Competitors of the categories Adult Male/Female, Junior Male/Female and Veterans must wear **an ITF Dobok** (not limited to any manufacturer, any official brand is allowed).
- All competitors must be in possession of a **blue and red set of approved type of safety equipment for sparring** (not limited to any manufacturer, any official brand is allowed). Other colors will not be allowed.
- All athletes will participate at their club's responsibility.
- Only official coaches have the right to enter the ring.
- The organization committee has no responsibility for any equipment loss or injuries before, during and after the tournament. The clubs and the athletes should care about their complete insurance.

Official protest must be filed within 5 minutes after sparring or pattern and submitted to the Jury President after paying the amount of 50€ to the organizer.

UMPIRES

The Organizing Committee will cover 2 nights (3 days) accommodation and provide lunch at the venue for all international umpires so **only if they are registered as umpires in the Accommodation Application Form!**





CONTACT INFORMATION

Leousis Nikos	nickleou@hotmail.com	+30 6944 737 406
Accommodation	sports@greeceonthego.gr frontdesk@greeceonthego.gr	+30 2316071868 09:00-17:00 +30 6945498060

SOCIAL MEDIA

Follow the **11th King of Taekwon-Do - World Cup** on Social Media to be updated!



<https://kingoftkd.com>
<https://kingoftkd.gr>



www.youtube.com/europeankingoftkd



www.facebook.com/kingoftkd



www.instagram.com/kingofTaekwon-Do



<https://chat.whatsapp.com/E5HDeFrqyei8zlOF7Wk03U>





Send the following Consent Form signed with the ACCOMMODATION FORM via email:
nickleou@hotmail.com

CONSENT FORM

By submitting this Consent Form, I hereby consent to the videotaping/photographing/audio recording of myself and athletes of the club whom I legally represent as the official/head Coach or Team Leader for the 11th King of Taekwon-Do - World Cup. I understand that all material obtained will be used by the organizers of the 11th King of Taekwon-Do - World Cup for promotional, commercial, educational and related purposes, including external distribution via satellite broadcast, cable TV, radio broadcast, webcast or on-demand streaming in digital format on the Internet. The organizers of the 11th King of Taekwon-Do - World Cup may also share this material with others, as appropriate at their discretion. We understand that we will receive no compensation for any use of materials associated with this consent.

I understand that videotaping/photographing/audio recordings will become the property of the organizers of the 11th King of Taekwon-Do - World Cup and I understand that use of the Recordings may include, but not necessarily be limited to, the following:

- Internal use by the 11th World King of Taekwon-Do and other authorized third parties in streaming digital format (live or on demand) on the Internet or other digital media.
- Distribution (may include videotape reproduction, satellite broadcast, cable TV, webcast, on-demand).

I have read this form and I agree to be bound by this consent form.

Signature _____

Date _____



11th King of Taekwon-Do - World Cup

12 - 14 December 2025 || Thessaloniki Greece

Accommodation Form

Club	
Country	
Coach Name	
Telephone	
email	

Arrival	Date time		Place	
Departure	Date time		Place	

			Full Name		
a/a	Room Size	Meals	1st Person	2nd Person	3rd Person
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					